

Health Education (HED)

HED 346: Methods and Materials in Elementary School Health Education and Physical Education

Basic principles of comprehensive health education and physical education programs for elementary schools are addressed. Students cannot receive credit for both Physical Education 346 and Health Education 346.

(4) 3 credit hours. Prerequisite: 60 credit hours of undergraduate courses and enrollment in the elementary education teacher preparation program. Offered fall and spring.

HED 500: Introduction to Health Education and Health Promotion

Focus is on the basic principles of health education and health promotion in school and nonschool settings. Also included are the philosophy, ethics, responsibilities, and practice of health education.

3 credit hours. Prerequisite: graduate status. Offered spring.