

Physical Education (PED)

PED 346: Methods and Materials in Elementary School Health and Physical Education.

Basic principles of comprehensive health education and physical education program for elementary schools are addressed. Students cannot receive credit for both Health Education 346, and Physical Education 346.

(4) 3 credit hours. Prerequisite: 60 hours of undergraduate courses and admission to the elementary education teacher preparation program. Offered fall, spring, summer.

PED 301: Principles of Teaching Activity.

Techniques of activity presentation are studied, including the task, problem-solving, and guided discovery methods. Individual philosophies of teaching are considered. Supervised teaching experiences are included.

3 credit hours. Prerequisite: PED 140 and 243, each with minimum grade of B-; admission to the physical education teacher preparation program; or consent of department chair. Offered fall and spring.

PED 411: Kinesiology

Effects of physical and anatomical principles on the performance of motor patterns are studied. The mechanical analysis of specific activities is included.

3 credit hours. Prerequisite: BIOL 231 and admission to the physical education teacher preparation program. Offered fall.

PED 428: Student Teaching Seminar in Health and Physical Education

Teacher behaviors appropriate to effective teaching are developed. Topics include classroom and time management, effective communication, learning styles, and teaching strategies. This seminar meets weekly.

2 credit hours. Prerequisite: concurrent enrollment in PED 426. Offered fall and spring.